

## DO'S: How to correctly clean your nappies



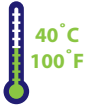
### DO use the right amount of detergent

Wash nappies using the recommended concentration of detergent to clean them thoroughly. If your baby develops a rash, or if the nappies have a strong smell after washing, you may need to change the quantity or the brand of your washing detergent.



### DO soak nappies for a short time

If you prefer to soak nappies instead of running a prewash cycle, limit this to 10–20 minutes in plain cool water just before washing to help loosen any stubborn soiling. Soaking nappies in caustic detergent gradually damages the material and may affect your baby's health.



### DO wash at the correct temperature

Wash at 40 °C/100 °F using zero-residue detergent, followed by a cool rinse.



### DO use plenty of water

Using a high level of water when washing the nappies helps to avoid build-up of detergent, bacteria and urine.



### DO line dry your nappies

To prolong the life of your nappies, line drying is preferable to tumble drying. Hang nappy shells with lining facing the sun to bleach the lining naturally, and prevent nappy shells from fading.



### DO dry on a low setting

If you use a dryer, set to a low or regular heat. Remember, gentle care extends the life of your nappies.



### DO use eco-friendly products

Choose eco-friendly products such as zero-residue brands of detergent that do not contain the following additives: fabric softeners, bleach, dyes, perfumes, whiteners, brighteners, enzymes, natural oils, or pure soap. These additives may create residue problems, and cause an unpleasant odour and damage to the nappy.



For more detailed information on caring for your nuababy products, please see [www.nuababy.com](http://www.nuababy.com).  
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## DON'TS: What not to do with your nappies



### **DON'T use extra additives**

*Extra additives, such as baking soda or vinegar are not recommended.*



### **DON'T use too little detergent**

*Using too little detergent may cause urine residue and unpleasant odours.*



### **DON'T use too much detergent**

*Using too much detergent may cause detergent residue and nappy leakage.*



### **DON'T boil your nappies**

*Wash at 40°C/100°F using zero-residue detergent, followed by a cool rinse. Boiling your nappies will harm them.*



### **DON'T iron your nappies**

*Ironing your nappies will harm them.*



### **DON'T use nappy creams with petroleum, fish oil or zinc**

*Even if a cream claims to be 'cloth nappy safe', still protect your nappy with a **nuababy** liner. Nappy creams cause nappies to repel liquid, impairing their function.*



### **DETERGENT TIP: Find the right amount**

*Detergent manufacturers may recommend using high quantities of their product. When using detergents that are not cloth nappy specific, start with half of the recommended amount and increase if needed. Front loader washing machines require less detergent than top loaders.*

### **SUNLIGHT TIP: The natural brightener and sanitizer**

*To naturally remove stains, wash your nappies as you normally would, and while they're still wet, lay them in the sun for a few hours once or twice a month. CAUTION: Too much heat could damage the elastic and waterproof fabric in your nappies.*



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